Osechi ryori(おせち料理)

Osechi ryori is specially prepared New Year's food, beautifully arranged in lacquer boxes. Many of the delicacies inside are named in hopes for the families health and prosperity. The main dishes are colorful vegetables, fish, black beans and so on. The are arranged and tableware are really important parts of Japanese meals. People say that we enjoy our food twice, first by looking at it, and second by eating it. Each dish that makes up osechi-ryori has a special meaning such as health, longevity, fertility and luck.